



created
fresh!

Week of July 29th

Ordering Schedule

Noon Sunday, Monday, or Tuesday for delivery on Thursday

Noon Wednesday or Thursday for delivery Saturday

Noon Friday for delivery Monday

Minimum order is 24, units, minimum order per unit is 3.

BREAKFAST			
CF BREAKFAST SANDW SAUSAGE EGG ENG MUFFI	10802	5.7 oz	Sausage, egg, and cheddar cheese on an English muffin
CF BREAKFAST SANDW HOMESTYLE CHICKEN	10804	6.9oz	Breaded chicken on biscuit with a side of honey
CF BREAKFAST SANDW BACON EGG CHEDDAR CRO	10800	4.95oz	Bacon, egg, and cheddar cheese on croissant
CF PARFAIT YOGURT VANILLA MIX BERRIES	10600	9.0oz	Vanilla yogurt with mixed berries and granola
CF PARFAIT YOGURT STRAWBERRIES	10601	9.0oz	Vanilla yogurt with strawberry filling and granola
FRUIT CUPS			
CF FRUIT CUP TROPICAL 7	10900	7.0oz	Pineapple, red grapes, kiwi, strawberry, mango
CF FRUIT CUP RED GRAPE CUP 7	10901	7.0oz	Red grapes
CF FRUIT CUP MANGO CHUNKS 7	10902	7.0oz	Mango chunks
CF FRUIT CUP MIXED 7	10903	7.0oz	Cantaloupe, honeydew, pineapple, red grapes
CF FRUIT CUP PINEAPPLE CHUNKS 7	10904	7.0oz	Pineapple chunks
CF FRUIT CUP MIXED 5.5	10905	5.5oz	Cantaloupe, honeydew, pineapple, red grapes
CF FRUIT CUP PINEAPPLE 5.5	10906	5.5oz	Pineapple chunks
CF FRUIT CUP TROPICAL 5.5	10907	5.5oz	Pineapple, red grapes, kiwi, strawberry, mango
CF FRUIT CUP RED GRAPE 5.5	10908	5.5oz	Red grapes
CF FRUIT CUP MELON MEDLEY 5.5	10909	5.5oz	Cantaloupe, honeydew, watermelon
SNACKS			
CF SNACK TRAY PORTABLE PROTEIN	10634	7.25oz	Hardboiled egg, cheddar cheese cubes, almonds, and pepperoni
SNACK CUP GRAPE AND CHEESE	10641	4.5oz	Fresh grapes and cheese cubes
CF SNACK CUP PEPPERONI CHEESE PITA	10642	4.6oz	Pepperoni, cheese, and mini pitas
CF SNACK CUP PEPPERONI CHEESE	10644	3.0 oz	Cheddar cheese and sliced pepperoni
CF SNACK TRAY MINI DELI DIPPER	10645	6.0 oz	Cheddar cheese, pepperoni, cornichon pickles, and honey wheat braided pretzel twists with mustard
SANDWICHES & WRAPS			
CF SANDW TURKEY CHEDDAR	10500	7.070z	Deli turkey with cheddar cheese on multigrain bread

CF SANDW ARTISAN ITALIAN	10502	7.39 oz	Sliced ham, genoa salami, and provolone on a ciabatta roll
CF SANDW TUNA SALAD	10503	5.6oz	Tuna salad sandwich on rye bread
CF SANDW CLUB ON FLATBREAD	10504	9.31oz	Double stacked with ham, turkey, cheddar cheese, bacon and mayo on a flatbread
CF SANDW CHICKEN SALAD	10508	5.95oz	White chicken salad sandwich
CF SANDW PEANUT BUTTER JELLY	10509	5.0oz	Peanut butter and jelly on white bread
CF SANDW ARTISAN GRILLED CHICKEN	10517	8.48 oz	Grilled chicken with cheddar cheese on an oat kaiser roll
CF SANDW HAM CHEDDAR ON HAWAIIAN	10522	6.64 oz	Deli ham and cheddar cheese on Hawaiian bread
CF SANDWICH EGG SALAD	10529	5.88 oz	Egg salad sandwich on honey wheat bread
CF SUB HOAGIE ITALIAN 8"	10535	8.71oz	Ham, Salami, and provolone on a sub roll
CF SUB HOAGIE TURKEY CHEDDAR 8"	10536	8.7oz	Turkey and cheddar on a sub roll
CF SUB HOAGIE TURKEY HAM SALAMI 8"	10538	9.72 oz	Turkey, ham, and salami on a sub roll
CF WRAP DELI CHICKEN SALAD 10"	10549	6.79oz	Deli chicken salad on a spinach tortilla
CF WRAP SOUTHWESTERN CHICKEN 10"	10550	6.79oz	Black bean and corn salad with southwest chicken in a sundried tomato wrap
CF WRAP BUFFALO CHICKEN SALAD 10"	10545	6.29oz	Buffalo chicken salad and buffalo cream cheese in a flour tortilla
CF WRAP CAESAR W/ CHICKEN 10"	10551	6.79oz	Chicken breast strips, romaine lettuce, Caesar dressing in a spinach wrap
CF WRAP TURKEY CHEDDAR 10"	10546	6.49 oz	Turkey and cheddar on a whole wheat wrap
SALADS			
CF SALAD CAESAR W/ CHICKEN	10605	10.0oz	Chicken caesar salad made with grilled chicken breast strips
CF SALAD GREEK	10606	10.0 oz	Romaine lettuce, red onion, grape tomatoes, garbanzo beans, kalamata olives, feta cheese, and Greek dressing
CF SALAD CHEF TURKEY HAM	10607	10.0oz	Romaine lettuce with grape tomatoes, hard cooked eggs, diced ham, diced turkey, cheddar cheese, and zinfandel dressing
CF SALAD SOUTHWEST W/ CHICKEN	10610	10.0oz	Romaine lettuce with chicken, corn, black beans, pepper jack cheese, grape tomatoes, and chipotle ranch dressing
CF SALAD COBB CHICKEN BACON	10611	10.5oz	Romaine lettuce with grilled chicken, hard cooked eggs, grape tomatoes, bacon bits and crumbled blue cheese
CF SALAD THAI CHICKEN	10612	9.5oz	Romaine lettuce, red cabbage, grilled chicken, crispy noodles, and spicy Thai peanut dressing
CF SALAD HOUSE	10625	8.0 oz	Spring mix lettuce with tomatoes, cucumbers, grape tomatoes, croutons, cheddar cheese, and ranch dressing
CF SALAD CAESAR	10626	8.0 oz	Romaine lettuce with croutons, parmesan cheese, and Caesar dressing
DESSERT			
CF SNACK CUP CANNOLI DIP	10638	3.5oz	Cannoli cream, semi-sweet chocolate chips and sugar dusted cannoli chips
CF SNACK CUP CHOC PUDDING	10643	5.2oz	Chocolate pudding and whipped topping
CF SNACK CUP VANILLA PUDDING	10650	5.2 oz	Vanilla pudding and whipped topping
MAP SNACKS			
CF MAP SNACK POWER BOOST	10724	7.05oz	Hard cooked egg, sliced apples, cheese cubes, and trail mix
CF MAP SNACK DELI SNACK PACK	10725	6.45oz	Mini pretzels, cheese cubes, pepperoni, and red grapes
CF MAP SNACK HUMMUS AND CO	10726	6.07oz	Baby carrots, broccoli florets, cocktail pita and hummus
CF MAP SNACK GARDEN VEG W/ RANCH	10727	5.5oz	Broccoli, carrots, tomatoes, and ranch dressing
CF MAP SNACK CARAMEL CRUNCH	10728	6.2oz	Mini pretzels and sliced apples with caramel dip
MAP SANDWICHES & WRAPS			
CF MAP SANDW HAM GOUDA CROISSANT	10709	6.35oz	Ham with gouda cheese on a croissant with a side of mustard
CF MAP SANDW TURKEY SWISS PRETZEL ROLL	10710	7.82oz	Turkey with swiss cheese on a pretzel roll with a side of mayo

CF MAP SANDW TURKEY CHEDDAR	10711	5.62oz	Turkey and cheddar on honey wheat bread
CF MAP SLIDER HAM SWISS 4CT	10712	8.1oz	Ham and swiss on potato slider rolls
CF MAP SANDW ITALIAN ON CIABATTA	10713	7.39oz	Ham, salami, and provolone on a ciabatta roll
CF MAP SLIDER TURKEY CHEDDAR 4CT	10714	8.32oz	Turkey and cheddar on potato slider rolls
CF MAP SANDW CHICKEN SALAD	10715	3.98oz	Chicken salad on club white bread
CF MAP SANDW HAM SWISS	10716	5.4 oz	Ham and swiss on honey wheat bread
CF MAP SUB ITALIAN	10730	7.72oz	Ham, salami, and provolone sub
CF MAP SUB TURKEY CHEDDAR EVERYTHING	10733	8.0oz	Turkey and cheddar on an everything sub roll
CF MAP SANDW EGG SALAD	10717	3.98oz	Egg salad on white bread
CF MAP SANDW NUTTY CRUNCHWICH WEDGE	10718	4.30oz	Peanut butter, Nutella, granola on honey wheat bread
CF MAP SANDW HAM GOUDA ON PRETZEL	10719	7.35oz	Ham and gouda on a pretzel roll
CF MAP SANDW TURKEY HAVARTI ON CIABATTA	10720	7.5oz	Turkey and Havarti on a pretzel roll
CF MAP SANDW TURKEY SWISS CROISSANT	10721	6.45oz	Turkey with swiss cheese on a croissant with a side of mustard
CF MAP SANDW HAM SWISS SLIDER 2CT	10722	3.95 oz	Ham and swiss on potato slider rolls
CF MAP SANDW TURKEY CHEDDAR SLIDER 2CT	10723	3.95 oz	Turkey and cheddar on potato slider rolls
CF MAP WRAP TURKEY CHEDDAR	10734	8.05oz	Turkey and cheddar in a whole wheat tortilla
CF MAP WRAP HAM SWISS	10735	8.05oz	Ham and Swiss in a whole wheat tortilla
CF MAP WRAP CHICKEN APPLE WALNUT	10736	7.85oz	Chicken, apple, and walnut salad in a sundried tomato wrap
CF MAP WRAP SOUTHWEST STYLE CHICKEN	10737	7.85oz	Southwestern chicken, black bean and corn salad in a sundried tomato wrap
MAP SALADS			
CF MAP SALAD GREEK	10700	6.5oz	Romaine lettuce with grape tomatoes, kalamata olives, chickpeas, feta cheese, and Greek dressing
CF MAP SALAD CAESAR W/ CHICKEN	10701	6.3oz	Romaine lettuce with diced chicken, parmesan cheese, croutons, and Caesar dressing
CF MAP SALAD TURKEY HAM CHEF	10702	7.7oz	Romaine lettuce with diced ham and turkey, tomatoes, cheddar cheese, hard cooked eggs, and Chianti Italian dressing
CF MAP SALAD TACO INSPIRED	10703	5.9oz	Romaine lettuce with southwest chicken, grape tomatoes, pepper jack cheese and tortilla strips, with chipotle dressing
CF MAP SALAD CHICKEN BACON COBB	10704	6.9oz	Romaine lettuce with diced chicken, hard cooked egg, grape tomatoes, bacon bits, cheese, and ranch dressing
CF MAP SALAD GARDEN	10705	5.0oz	Spring mix with grape tomatoes, red cabbage, carrots and balsamic vinaigrette
CF MAP SALAD HARVEST	10706	5.05oz	Spring mix with apples, goat cheese crumbles, dried cranberries and apple cider vinaigrette
CF MAP SALAD ASIAN STYLE CHICKEN	10707	5.9oz	Romaine lettuce with red cabbage, diced chicken, peanuts and spicy Thai dressing
CF MAP SALAD SOUTHWEST CHICKEN	10708	6.5oz	Romaine lettuce with corn black beans, grape tomatoes, southwest style chicken and chipotle ranch dressing
ENTREES			
CF ENTREE SS MEATLOAF MASH POTATOES	10813	9.01oz	Meatloaf and savory mashed potatoes topped with gravy and paired with corn
CF ENTREE SS CHICKEN MAC CHEESE	10814	8.51oz	Cavatappi pasta with cheese topped with grilled chicken
CF ENTREE SS MEATBALL MARINARA W PENNE	10820	8.76oz	Meatballs over penne pasta topped with marinara sauce and parmesan cheese