



created
fresh!

Week of July 29th

Ordering Schedule

Noon Sunday, Monday, or Tuesday for delivery on Thursday

Noon Wednesday or Thursday for delivery Saturday

Noon Friday for delivery Monday

Minimum order is 24, units, minimum order per unit is 3.

| BREAKFAST | | | |
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| CF BREAKFAST SANDW SAUSAGE EGG ENG MUFFI | 10802 | 5.7 oz | Sausage, egg, and cheddar cheese on an English muffin |
| CF BREAKFAST SANDW HOMESTYLE CHICKEN | 10804 | 6.9oz | Breaded chicken on biscuit with a side of honey |
| CF BREAKFAST SANDW BACON EGG CHEDDAR CRO | 10800 | 4.95oz | Bacon, egg, and cheddar cheese on croissant |
| CF PARFAIT YOGURT VANILLA MIX BERRIES | 10600 | 9.0oz | Vanilla yogurt with mixed berries and granola |
| CF PARFAIT YOGURT STRAWBERRIES | 10601 | 9.0oz | Vanilla yogurt with strawberry filling and granola |
| FRUIT CUPS | | | |
| CF FRUIT CUP TROPICAL 7 | 10900 | 7.0oz | Pineapple, red grapes, kiwi, strawberry, mango |
| CF FRUIT CUP RED GRAPE CUP 7 | 10901 | 7.0oz | Red grapes |
| CF FRUIT CUP MANGO CHUNKS 7 | 10902 | 7.0oz | Mango chunks |
| CF FRUIT CUP MIXED 7 | 10903 | 7.0oz | Cantaloupe, honeydew, pineapple, red grapes |
| CF FRUIT CUP PINEAPPLE CHUNKS 7 | 10904 | 7.0oz | Pineapple chunks |
| CF FRUIT CUP MIXED 5.5 | 10905 | 5.5oz | Cantaloupe, honeydew, pineapple, red grapes |
| CF FRUIT CUP PINEAPPLE 5.5 | 10906 | 5.5oz | Pineapple chunks |
| CF FRUIT CUP TROPICAL 5.5 | 10907 | 5.5oz | Pineapple, red grapes, kiwi, strawberry, mango |
| CF FRUIT CUP RED GRAPE 5.5 | 10908 | 5.5oz | Red grapes |
| CF FRUIT CUP MELON MEDLEY 5.5 | 10909 | 5.5oz | Cantaloupe, honeydew, watermelon |
| SNACKS | | | |
| CF SNACK TRAY PORTABLE PROTEIN | 10634 | 7.25oz | Hardboiled egg, cheddar cheese cubes, almonds, and pepperoni |
| SNACK CUP GRAPE AND CHEESE | 10641 | 4.5oz | Fresh grapes and cheese cubes |
| CF SNACK CUP PEPPERONI CHEESE PITA | 10642 | 4.6oz | Pepperoni, cheese, and mini pitas |
| CF SNACK CUP PEPPERONI CHEESE | 10644 | 3.0 oz | Cheddar cheese and sliced pepperoni |
| CF SNACK TRAY MINI DELI DIPPER | 10645 | 6.0 oz | Cheddar cheese, pepperoni, cornichon pickles, and honey wheat braided pretzel twists with mustard |
| SANDWICHES & WRAPS | | | |
| CF SANDW TURKEY CHEDDAR | 10500 | 7.07oz | Deli turkey with cheddar cheese on multigrain bread |

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| CF SANDW ARTISAN ITALIAN | 10502 | 7.39 oz | Sliced ham, genoa salami, and provolone on a ciabatta roll |
| CF SANDW TUNA SALAD | 10503 | 5.6oz | Tuna salad sandwich on rye bread |
| CF SANDW CLUB ON FLATBREAD | 10504 | 9.31oz | Double stacked with ham, turkey, cheddar cheese, bacon and mayo on a flatbread |
| CF SANDW CHICKEN SALAD | 10508 | 5.95oz | White chicken salad sandwich |
| CF SANDW PEANUT BUTTER JELLY | 10509 | 5.0oz | Peanut butter and jelly on white bread |
| CF SANDW ARTISAN GRILLED CHICKEN | 10517 | 8.48 oz | Grilled chicken with cheddar cheese on an oat kaiser roll |
| CF SANDW HAM CHEDDAR ON HAWAIIAN | 10522 | 6.64 oz | Deli ham and cheddar cheese on Hawaiian bread |
| CF SANDWICH EGG SALAD | 10529 | 5.88 oz | Egg salad sandwich on honey wheat bread |
| CF SUB HOAGIE ITALIAN 8" | 10535 | 8.71oz | Ham, Salami, and provolone on a sub roll |
| CF SUB HOAGIE TURKEY CHEDDAR 8" | 10536 | 8.7oz | Turkey and cheddar on a sub roll |
| CF SUB HOAGIE TURKEY HAM SALAMI 8" | 10538 | 9.72 oz | Turkey, ham, and salami on a sub roll |
| CF WRAP DELI CHICKEN SALAD 10" | 10549 | 6.79oz | Deli chicken salad on a spinach tortilla |
| CF WRAP SOUTHWESTERN CHICKEN 10" | 10550 | 6.79oz | Black bean and corn salad with southwest chicken in a sundried tomato wrap |
| CF WRAP BUFFALO CHICKEN SALAD 10" | 10545 | 6.29oz | Buffalo chicken salad and buffalo cream cheese in a flour tortilla |
| CF WRAP CAESAR W/ CHICKEN 10" | 10551 | 6.79oz | Chicken breast strips, romaine lettuce, Caesar dressing in a spinach wrap |
| CF WRAP TURKEY CHEDDAR 10" | 10546 | 6.49 oz | Turkey and cheddar on a whole wheat wrap |
| SALADS | | | |
| CF SALAD CAESAR W/ CHICKEN | 10605 | 10.0oz | Chicken caesar salad made with grilled chicken breast strips |
| CF SALAD GREEK | 10606 | 10.0 oz | Romaine lettuce, red onion, grape tomatoes, garbanzo beans, kalamata olives, feta cheese, and Greek dressing |
| CF SALAD CHEF TURKEY HAM | 10607 | 10.0oz | Romaine lettuce with grape tomatoes, hard cooked eggs, diced ham, diced turkey, cheddar cheese, and zinfandel dressing |
| CF SALAD SOUTHWEST W/ CHICKEN | 10610 | 10.0oz | Romaine lettuce with chicken, corn, black beans, pepper jack cheese, grape tomatoes, and chipotle ranch dressing |
| CF SALAD COBB CHICKEN BACON | 10611 | 10.5oz | Romaine lettuce with grilled chicken, hard cooked eggs, grape tomatoes, bacon bits and crumbled blue cheese |
| CF SALAD THAI CHICKEN | 10612 | 9.5oz | Romaine lettuce, red cabbage, grilled chicken, crispy noodles, and spicy Thai peanut dressing |
| CF SALAD HOUSE | 10625 | 8.0 oz | Spring mix lettuce with tomatoes, cucumbers, grape tomatoes, croutons, cheddar cheese, and ranch dressing |
| CF SALAD CAESAR | 10626 | 8.0 oz | Romaine lettuce with croutons, parmesan cheese, and Caesar dressing |
| DESSERT | | | |
| CF SNACK CUP CANNOLI DIP | 10638 | 3.5oz | Cannoli cream, semi-sweet chocoalte chips and sugar dusted cannoli chips |
| CF SNACK CUP CHOC PUDDING | 10643 | 5.2oz | Chocolate pudding and whipped topping |
| CF SNACK CUP VANILLA PUDDING | 10650 | 5.2 oz | Vanilla pudding and whipped topping |
| MAP SNACKS | | | |
| CF MAP SNACK POWER BOOST | 10724 | 7.05oz | Hard cooked egg, sliced apples, cheese cubes, and trail mix |
| CF MAP SNACK DELI SNACK PACK | 10725 | 6.45oz | Mini pretzels, cheese cubes, pepperoni, and red grapes |
| CF MAP SNACK HUMMUS AND CO | 10726 | 6.07oz | Baby carrots, broccoli florets, cocktail pita and hummus |
| CF MAP SNACK GARDEN VEG W/ RANCH | 10727 | 5.5oz | Broccoli, carrots, tomatoes, and ranch dressing |
| CF MAP SNACK CARAMEL CRUNCH | 10728 | 6.2oz | Mini pretzels and sliced apples with caramel dip |
| MAP SANDWICHES & WRAPS | | | |
| CF MAP SANDW HAM GOUDA CROISSANT | 10709 | 6.35oz | Ham with gouda cheese on a croissant with a side of mustard |
| CF MAP SANDW TURKEY SWISS PRETZEL ROLL | 10710 | 7.82oz | Turkey with swiss cheese on a preztel roll with a side of mayo |

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| CF MAP SANDW TURKEY CHEDDAR | 10711 | 5.62oz | Turkey and cheddar on honey wheat bread |
| CF MAP SLIDER HAM SWISS 4CT | 10712 | 8.1oz | Ham and swiss on potato slider rolls |
| CF MAP SANDW ITALIAN ON CIABATTA | 10713 | 7.39oz | Ham, salami, and provolone on a ciabatta roll |
| CF MAP SLIDER TURKEY CHEDDAR 4CT | 10714 | 8.32oz | Turkey and cheddar on potato slider rolls |
| CF MAP SANDW CHICKEN SALAD | 10715 | 3.98oz | Chicken salad on club white bread |
| CF MAP SANDW HAM SWISS | 10716 | 5.4 oz | Ham and swiss on honey wheat bread |
| CF MAP SUB ITALIAN | 10730 | 7.72oz | Ham, salami, and provolone sub |
| CF MAP SUB TURKEY CHEDDAR EVERYTHING | 10733 | 8.0oz | Turkey and cheddar on an everything sub roll |
| CF MAP SANDW EGG SALAD | 10717 | 3.98oz | Egg salad on white bread |
| CF MAP SANDW NUTTY CRUNCHWICH WEDGE | 10718 | 4.30oz | Peanut butter, Nutella, granola on honey wheat bread |
| CF MAP SANDW HAM GOUDA ON PRETZEL | 10719 | 7.35oz | Ham and gouda on a pretzel roll |
| CF MAP SANDW TURKEY HAVARTI ON CIABATTA | 10720 | 7.5oz | Turkey and Havarti on a pretzel roll |
| CF MAP SANDW TURKEY SWISS CROISSANT | 10721 | 6.45oz | Turkey with swiss cheese on a croissant with a side of mustard |
| CF MAP SANDW HAM SWISS SLIDER 2CT | 10722 | 3.95 oz | Ham and swiss on potato slider rolls |
| CF MAP SANDW TURKEY CHEDDAR SLIDER 2CT | 10723 | 3.95 oz | Turkey and cheddar on potato slider rolls |
| CF MAP WRAP TURKEY CHEDDAR | 10734 | 8.05oz | Turkey and cheddar in a whole wheat tortilla |
| CF MAP WRAP HAM SWISS | 10735 | 8.05oz | Ham and Swiss in a whole wheat tortilla |
| CF MAP WRAP CHICKEN APPLE WALNUT | 10736 | 7.85oz | Chicken, apple, and walnut salad in a sundried tomato wrap |
| CF MAP WRAP SOUTHWEST STYLE CHICKEN | 10737 | 7.85oz | Southwestern chicken, black bean and corn salad in a sundried tomato wrap |
| MAP SALADS | | | |
| CF MAP SALAD GREEK | 10700 | 6.5oz | Romaine lettuce with grape tomatoes, kalamata olives, chickpeas, feta cheese, and Greek dressing |
| CF MAP SALAD CAESAR W/ CHICKEN | 10701 | 6.3oz | Romaine lettuce with diced chicken, parmesan cheese, croutons, and Caesar dressing |
| CF MAP SALAD TURKEY HAM CHEF | 10702 | 7.7oz | Romaine lettuce with diced ham and turkey, tomatoes, cheddar cheese, hard cooked eggs, and Chianti Italian dressing |
| CF MAP SALAD TACO INSPIRED | 10703 | 5.9oz | Romaine lettuce with southwest chicken, grape tomatoes, pepper jack cheese and tortilla strips, with chipotle dressing |
| CF MAP SALAD CHICKEN BACON COBB | 10704 | 6.9oz | Romaine lettuce with diced chicken, hard cooked egg, grape tomatoes, bacon bits, cheese, and ranch dressing |
| CF MAP SALAD GARDEN | 10705 | 5.0oz | Spring mix with grape tomatoes, red cabbage, carrots and balsamic vinaigrette |
| CF MAP SALAD HARVEST | 10706 | 5.05oz | Spring mix with apples, goat cheese crumbles, dried cranberries and apple cider vinaigrette |
| CF MAP SALAD ASIAN STYLE CHICKEN | 10707 | 5.9oz | Romaine lettuce with red cabbage, diced chicken, peanuts and spicy Thai dressing |
| CF MAP SALAD SOUTHWEST CHICKEN | 10708 | 6.5oz | Romaine lettuce with corn black beans, grape tomatoes, southwest style chicken and chipotle ranch dressing |
| ENTREES | | | |
| CF ENTREE SS MEATLOAF MASH POTATOES | 10813 | 9.01oz | Meatloaf and savory mashed potatoes topped with gravy and paired with corn |
| CF ENTREE SS CHICKEN MAC CHEESE | 10814 | 8.51oz | Cavatappi pasta with cheese topped with grilled chicken |
| CF ENTREE SS MEATBALL MARINARA W PENNE | 10820 | 8.76oz | Meatballs over penne pasta topped with marinara sauce and parmesan cheese |